

Orcas Parent Newsletter

Purchase Team Photos:

Team photos are still available for purchase through the link below.

<https://shop.mvpteamphotos.com/new-order/WORS0231C49>

Provincials:

Will be held on March 31-April 3 (March 31 SERC only, please speak to the head coach if interested in competing in SERC.) at the Meyer Aquatic Centre in Camrose. Provincials will be broken into 2 sessions each day. Session 1 will consist of swimmers 13 years old and younger; warmups will start at 7:00am for both Saturday and Sunday. Session 2 will consist of swimmers 14 years old and older; warmups will start at 1:30pm on Saturday and at 12:00pm on Sunday.

All Orca swimmers attending provincials are encouraged to have someone from their family volunteer. Volunteers can register online using the link below.

[CALL FOR OFFICIALS \(office.com\)](#)

Register online at manlukcentre.ca/register and use activity code 6204

The Entry deadline for provincials is March 23, 2023 @ 11:59pm

Hosting Pool:

Meyer Aquatic Centre

Address:

5600-44-Ave, Camrose, AB

Start Date:

Friday, March 31, 2023

SERC -Check in 5:45pm

Warm up Time (13 years and Under):

Saturday April 1 warmups: 7:00am

Sunday April 2 warmups: 7:00am

Warm up Time (14 years and Up):

Saturday April 1 warmups: 1:30pm

Sunday April 2 warmups: 12:00pm

Meet Fee:

\$85 Per athlete

Provincial prep week

We will be offering two additional practices during the spring break leading up to provincials. March 29 and 30 practice will be held from 4:00-6:00pm for all athletes heading to provincials. These are an optional practice but athlete competing at provincials are encouraged to attend these practices.

Jellybean Meet

Our second Jellybean meet is on March 16th. The events will take place from **4:00-6:00pm**, followed by pizza after the events have finished. If your child is interested in competing at the Jellybean meet or if you are interested in volunteering, a sign-up sheet for both will be posted on the Orca bulletin board and online.

Register online at [Manlukcentre.ca/register](https://manlukcentre.ca/register) and use activity code 6138

We encourage everyone from all squads to participate in the Jellybean Meet, as it is a good introduction to swim meets. At the end of the meet, there will be pizza available to everyone who contributes \$5 towards paying for the pizza. It will be served upstairs in the multipurpose room following the last event. The \$5 can be given to either Angela, Tyler or any of the other Coaches at the time of the Jellybean Meet.

We hope to see you all there.

What is a Jellybean Meet?

Jellybean Meets are a mock meet we hold at the Manluk Centre. They serve to introduce lifesaving sport to all swimmers by doing so in a familiar and friendly environment. It also allows our competitive squads to practice the events in a competitive environment during our normal practice time. At Jellybean meets, swimmers will participate in a variety of lifesaving events in a fun and competitive environment. We try our best to do relays as similarly as possible to how they run in a real meet. The Recreational squads get a taste of what competitions are like (and maybe want to try to compete at a real meet)

Recreation Last Day:

Last day for killer Whales and Beginner Rec March 22, 2023

Last Day for Advanced Rec March 23, 2023

Orca Website:

For more information on all things Orcas please visit our website by going to:

<https://manlukcentre.ca/ORCAS>

For parent newsletters go to:

<https://manlukcentre.ca/orcanewsletter>

Attendance:

We are testing out a new attendance software, please ensure your swimmers are checking in at the front desk before heading to the changerooms for practice.

If you or your child is not feeling well or develops any symptoms of COVID-19 do not come in for practice, stay home until symptoms subside. If you are unable to make a practice let us know through one of the following ways:

- Private Message us through our Facebook Page (Wetaskiwin Orcas Lifesaving Club) (www.facebook.com/WetaskiwinOrcasLifesavingClub/)
- Email us at Orcas@wetaskiwn.ca
- Or phone the pool office @ (780) 361 4411 and ask to speak with Tyler if he is unavailable, please leave a voicemail or a message with a member of staff.
- **There will be no Orcas on January 30th.**

Questions or Concerns:

If you have any questions or concerns, please feel free to contact us by:

- Sending us a private message through our Facebook Page (Wetaskiwin Orcas Lifesaving Club Page) (www.facebook.com/WetaskiwinOrcasLifesavingClub/)
- Email us at Orcas@wetaskiwn.ca
- Or phone the pool office @ (780) 361 4411 and ask to speak with Tyler, if he is unavailable, please leave a voicemail or a message with one of our pool staff.

