



WETASKIWIN ORCAS

LIFESAVING CLUB

Program Information for Recreation Squads

**Orca Members Receive 10% off on Bronze Medallion/Cross
Registrations during the Orca season.**

2026-2027 Registration Package

Welcome to the exciting world of Lifesaving Sport!

Enclosed in this package you will find:

1. Registration Form
2. Parent Code of Conduct
3. Swimmer Code of Conduct
4. Photo Release

(These forms must be fully completed and brought back to the Manluk Centre)

Additional information enclosed in this package:

1. Program Information - 2026/2027
2. Members Handbook - Team Policies 2026/2027

(These documents are yours to keep for the season and do not need to be returned)

Registration documents can be dropped off at the
front desk of the Manluk Centre



Welcome to the Program

Registration Opens August 11th, 2026, for returning members and will open for new members on August 25th, 2026.

Registration for **Killer Whales Group C** and **Beginner Recreation Group C** will open on December 8, 2026, at 12:00 p.m. for current Killer Whales Group B and Beginner Recreation Group B participants only.

Registration will **open to new participants** for **Group C** on December 29, 2026, at 12:00 p.m.

The Wetaskiwin Orcas Lifesaving Club is committed to providing a safe, positive, and supportive environment where swimmers can develop their swimming abilities, build lifesaving skills, and discover their potential in lifesaving sport. Through quality coaching, leadership, and teamwork, our program encourages swimmers to challenge themselves, set personal goals, and achieve their best both in training and at competitions.

The Orcas program is organized into two pathways: Recreation Squads and Competitive Squads. Recreation Squads focus on building foundational swimming abilities and lifesaving skills in a fun and supportive environment. Competitive Squads are focused on Lifesaving Sport, helping swimmers build on their swimming abilities while developing the skills, knowledge, and competitive experience needed to participate in lifesaving sport events.

With a variety of training options available, the Orcas program welcomes swimmers with different skill levels, goals, and levels of competition commitment. Whether swimmers are looking to build confidence in the water, develop lifesaving skills, or pursue competition, there is an opportunity to find a squad that fits their goals.

To provide swimmers with the best possible training experience, registration will be limited in each squad. We encourage you to register early to secure a spot in your preferred squad. Final squad placement will be based on individual swimming and lifesaving skills and determined at the recommendation of the Head Coach.

If you have any questions about the program or which squad may be the best fit, please contact us by phone or email to set up a swim assessment.

City of Wetaskiwin

Recreation Department
Online Registration
Email us

(780) 361-4444
wetaskiwin.ca/manlukcentre
orcas@wetaskiwin.ca



Killer Whales

Introduction: The **Killer Whales Squad** is designed for young swimmers who are looking to build their swimming abilities and confidence in the water. Swimmers will work on increasing the distance and depth they are comfortable swimming while being introduced to foundational lifesaving skills and elements of Lifesaving Sport.

This squad offers three registration options:

Group A: Mondays and Wednesdays — full season (October–March)

Group B: Tuesdays and Thursdays — ½ season (October-December)

Group C: Tuesdays and Thursdays — ½ season (January-March)

Activity Code: Group A: 8094

Group B: 8095

Group C: 8096

Awards: *Swimmers will work towards completing the Lifesaving Society's Swim for Life program and Swim to Survive + program.*

Prerequisites:

- Ages 5-7
- Front Glide with kick for 5m
- Back Glide with kick for 5m
- Completed Lifesaving Society's Preschool 3 or Swimmer 1/Red Cross Preschool Sunfish or Swim Kids 1

Sessions: Group A: October 7th, 2026 – March 24th, 2027

Group B: October 8th, 2026 – December 17th, 2026

Group C: January 12th, 2027 – March 25th, 2027

Note: Registration for Killer Whales Group C will open on December 8, 2026, at 12:00 p.m. for current Killer Whales Group B participants only.

Registration will open to new participants for Group C on December 29, 2026, at 12:00 p.m.

Practices: Group A: Monday & Wednesday 4:00pm – 4:45pm

Group B: Tuesday & Thursday 4:00pm – 4:45pm

Group C: Tuesday & Thursday 4:45pm – 5:30pm

No School = No Practice (WRPS Calendar)

Competitions: Swimmers in Recreation squads can compete at our home swim meet as long as they meet the following requirements, They must first be evaluated at the



Jellybean meet and approved by the Head Coach. If approved, the \$50.00 Lifesaving activation fee will be added to your account and will need to be paid in full before being signed up for the meet.

Fees:

Group A: \$400.00 Registration Fee

Group B: \$200.00 Registration Fee

Group C: \$200.00 Registration Fee

Early Bird Registration 10% off registration fee. Applies from the opening of registration until the start of the first practice. To receive the early bird rate, registration fees must be paid in full before the start of the first practice.

Beginner Recreation

Introduction:

The **Beginner Rec Squad** is designed for swimmers who are ready to continue building on the swimming abilities, confidence, and lifesaving skills introduced in the Killer Whales Squad. Swimmers will further develop their swimming skills by increasing endurance, improving technique, and becoming more comfortable in the water. Participants will also be introduced to additional lifesaving skills, basic water safety concepts, and introductory first aid skills in a fun and supportive environment.

This squad offers three registration options:

Group A: Mondays and Wednesdays — full season (October–March)

Group B: Tuesdays and Thursdays — ½ season (October-December)

Group C: Tuesdays and Thursdays — ½ season (January-March)

Activity Code:

Group A: 8097

Group B: 8098

Group C: 8099

Awards:

Swimmers will continue to work towards completing the Lifesaving Society's Swim for Life program and Swim to Survive program.

Prerequisites:

- Ages 8-11
- Ability to swim 25m
- Completed Killer Whales or Lifesaving Society's Swimmer 3/Red Cross Swim Kids 4

Sessions:

Group A: October 7th, 2026 – March 24th, 2027

Group B: October 8th, 2026 – December 17th, 2026

Group C: January 12th, 2027 – March 25th, 2027



Note: Registration for Beginner Rec Group C will open on December 8, 2026, at 12:00 p.m. for current Beginner Rec Group B participants only.

Registration will open to new participants for Group C on December 29, 2026, at 12:00 p.m.

Practices: Tuesday & Thursday 4:00pm – 4:45pm
No School = No Practice (WRPS Calendar)

Competitions: Swimmers in Recreation squads can compete at our home swim meet if they wish. Swimmers must first be evaluated at the Jellybean meet and approved by the Head Coach. If approved, the \$50.00 Lifesaving activation fee will be added to your account and will need to be paid in full before being signed up for the meet.

Fees: Group A: \$400.00 Registration Fee

Group B: \$200.00 Registration Fee

Group C: \$200.00 Registration Fee

Early Bird Registration 10% off registration fee. Applies from the opening of registration until the start of the first practice. To receive the early bird rate, registration fees must be paid in full before the start of the first practice.

Next Steps: Orca members who are looking to continue their aquatic development beyond Beginner Rec are encouraged to explore additional program opportunities, including the Competitive Stream, our group lesson pathways (Rookie, Ranger, and Star), or advanced lifesaving courses such as Bronze Medallion and Bronze Cross. Speak with the Head Coach or a Guest Services representative on how to register.

Masters

Introduction: The **Masters Squad** is designed for adult swimmers who are looking to continue developing their swimming skills in a supportive and welcoming environment. Whether you are returning to swimming, maintaining fitness, improving technique, or looking to challenge yourself through competition, Masters provides an opportunity to train with other adult swimmers of varying abilities and experience levels.

Training sessions will focus on stroke development, endurance, and overall swimming improvement while providing a fun and social atmosphere for swimmers who enjoy being part of a team.

Activity Code: Group A: 8138

Prerequisites:

- Ages 21+
- Ability to swim 50m continuously

Season: October 5, 2026 – March 22, 2027



Practices: Monday 7:00 – 8:00pm
No School = No Practice (WRPS Calendar)

Competitions: Masters swimmers are welcome to participate in competitions throughout the season if they wish. Participation in competitions is optional and can be discussed with the Head Coach to determine the appropriate events and registration requirements.

Any applicable Lifesaving Sport activation fees will be added to the swimmer's account and must be paid in full prior to registration for competitions.

Fees: \$400.00 Registration Fee

Competing: \$50.00 Lifesaving Activation fee

Early Bird Registration 10% off registration fee. Applies from the opening of registration until the start of the first practice. To receive the early bird rate, registration fees must be paid in full before the start of the first practice.

Contact Us

If you have any questions or concerns, please feel free to contact us by:

- Sending us a private message through our Facebook Page (Wetaskiwin Orcas Lifesaving Club Page) (www.facebook.com/WetaskiwinOrcasLifesavingClub/)
- Email us at Orcas@wetaskiwn.ca
- Or phone the pool office @ (780) 361 4411 and ask to speak with Tyler, if he is unavailable, please leave a voicemail or a message with one of our aquatic staff.